

Beer

Draft

Lagunita's IPA	6
New Belgium Juicy Haze IPA	6
Modelo Especial	6
New Belgium Fat Tire Amber Ale	6
Seasonal Draft	6
Coors Light	4.5

Bottle

Coors Banquet	4
Bud Light	4
Corona	5
Stella Artois	6
Blue Moon	6
Angry Orchard Hard Cider <u>G</u>	6
White Claw Hard Seltzer <u>G</u>	6
Guinness Draught	7
Heineken N/A	6

Wine

Sparkling & White Wine

Ruffino Rose/Split	11/-
Roku Riesling	9/34
Benvolio Pinot Grigio	9/34
Rodney Strong Sauvignon Blanc	9/34
Woodbridge Chardonnay	8/30
La Crema Chardonnay	11/42

Red Wine

Austerity Pinot Noir	9/34
Carmel Road Pinot Noir	12/46
Argento Malbec	9/34
Murphy Goode Merlot	10/38
Woodbridge Cabernet Sauvignon	8/30
Rodney Strong Cabernet Sauvignon	12/46

COCKTAILS

House Old Fashioned 13

Crown Apple/apple/orange/lemon & cherry

Mountain Air Elixir 12

Jones House Colorado gin/St Germain
liqueur/sprite/fresh cucumber & lemon

Grown-up Lemonade 12

Jones House Colorado vodka/lemonade/
fresh lemon, strawberries & mint

Bird Dog Blackberry Mule 9

Bird Dog blackberry whiskey/
ginger beer/fresh blackberry & lime

Salted Caramel White Russian 12

Smirnoff Kissed Caramel vodka/Salted Caramel
Kahlua/cream

SPIRITS

Gin

Hendricks/Bombay Sapphire/Tanqueray

Scotch

Dewar's/Macallan 12

Vodka

Grey Goose/Ketel One/Absolut/Tito's
Jones House Colorado vodka

Tequila

Herradura Silver/Don Julio Reposado

Whiskey

Stranahans/Breckenridge/Bulleit Bourbon and
Rye/Maker's Mark/Knob Creek/Jack Daniels/
Crown Royal/Jameson/Bird Dog 10 Year

M Metropolitan Bar & Grill

Beginnings

Sweet Glazed Brussel Sprouts G & V

mixed with fresh green apples, apple cider reduction, brown sugar, and a dash of salt 7

Spinach Artichoke Dip G

spinach and artichokes mixed in a creamy parmesan cheese sauce served with corn tortilla chips 9

Wings G (buffalo, BBQ, sweet chili, teriyaki)

wings with your choice of sauce served with celery and homemade blue cheese or ranch dressing 12

Texas Twinkies G

roasted jalapeno peppers stuffed with cream cheese and wrapped in bacon drizzled with barbecue sauce 8.5

Chips and Salsa G & V

homemade red salsa with tortilla chips 5

Buffalo Chicken Rolls

shredded chicken mixed with spicy wing sauce and pepper jack cheese wrapped in a crispy egg roll 12

Metro Queso G

creamy pepper jack cheese mixed with fresh pico de gallo, fire-roasted jalapenos, and homemade green chili 7

Chili Relleno Squares

roasted green chilis mixed with pepper jack cheese and fried in a crispy pocket served on a bed of homemade green chili 8

Salads & Bowls

All salads Gluten Free by substituting no croutons or crispy onions and can be made Vegetarian without meat

Dressings- blue cheese, balsamic vinaigrette, ranch, caesar, peanut ginger, thousand island, vinegar & oil

(Pick Two) Power Lunch Combo: Soup, Salad or ½ Sandwich

choose from - side garden salad, side caesar salad, cup of soup, homemade green chili, french onion (+1)

half turkey club, chicken salad, bacon gouda, green chili grilled cheese 11 for reuben or two half sandwiches add 3

Ahi Ginger Salad*

seared ahi tuna crusted with sesame seeds served with mixed greens, cashews, red onion, fresh peppers, mandarin oranges, and ginger peanut dressing 15

Caesar Salad

romaine with shredded parmesan, croutons, and homemade caesar dressing 9
add chicken 3 add salmon 6

BBQ Chopped Chicken Salad

grilled chicken with mixed greens, cucumber, tomato, corn, black beans, cheddar jack cheese, and crispy onion straws with BBQ and buttermilk ranch dressing 14

VIP Steak Salad*

grilled steak, mixed greens, tomato, gorgonzola, crispy onion straws, and homemade blue cheese dressing 16

Salmon Kale Salad* G

salmon with spinach and kale, farro, dried cranberries, chia seeds, carrots, and balsamic vinaigrette 16

Classic Cobb Salad G

grilled chicken with romaine, diced bacon, avocado, egg, tomato, gorgonzola cheese, and ranch dressing 13.50

Mexican Healthy Bowl* G & V

white rice served with fresh pico de gallo, black beans, corn, cucumber, red & green peppers, cheddar jack cheese, and homemade salsa 10
add grilled chicken 13 carne asada 14 add salmon 16

Teriyaki Chicken Healthy Bowl G

grilled teriyaki chicken served with white rice, fresh red & green peppers, mandarin oranges, crispy brussel sprouts, cashews, and fresh ginger 13

Ahi Tuna Healthy Bowl*

seared ahi tuna crusted with sesame seeds served with white rice, fresh red & green peppers, mandarin oranges, crispy brussel sprouts, cashews, and fresh ginger 15

Soup & Chili

Pork Green Chili G

cup 5 / bowl 8
served with flour tortillas

French Onion Soup

toasted crouton and melted provolone & parmesan 7

House Soup

cup 5 / bowl 7

Burgers

(All of our burgers are Angus. Sub gluten free bread + 2)

Served with fries or creamy coleslaw. Sub sweet potato fries, onion rings, side salad or caesar 1.5

The Metropolitan*

applewood bacon, cheddar cheese, lettuce, tomato, onion, BBQ sauce, chipotle sauce, and a crispy onion ring 14

Colorado Slopper*

sharp cheddar cheese and a crispy jalapeno smothered in homemade green chili 14

The All American*

american cheese, lettuce, tomato, onion, pickle, ketchup and mustard 13

Lone Star Bleu Burger*

gorgonzola crumbles, applewood smoked bacon, crispy onion ring, with steak sauce 14

Tacos

(Comes with flour tortillas but corn tortillas are available)

Chicken Street Sriracha Tacos

grilled chicken with cheddar jack cheese, lettuce, and tomato drizzled with sriracha and lime crème 12

Steak Sriracha Street Tacos

grilled chicken with cheddar jack cheese, lettuce, and tomato drizzled with sriracha and lime crème 13

Chicken Bacon Ranch Tacos

grilled chicken with cheddar jack cheese, applewood bacon, fresh pico de gallo drizzled with homemade ranch and BBQ sauce and garnished with scallions 12

Mahi Fish Tacos

grilled mahi served with cilantro-lime coleslaw, fresh pico de gallo and avocado 14

Sandwiches & Specialties

(Sub gluten free bread - 2)

Served with fries or creamy coleslaw. Sub sweet potato fries, onion rings, side salad or caesar 1.5

Green Chili Grilled Cheese V

cheddar and pepper jack cheese, whole green chilis, tomato on grilled sourdough 11

Bacon Gouda Grilled Cheese

applewood bacon, smoked gouda cheese, spinach, tomato, on grilled sourdough 12

Turkey Club (Chipotle or Pesto)

roasted turkey breast with applewood bacon, lettuce, tomato, avocado on grilled sourdough and your choice of homemade pesto or chipotle mayo 13

Grilled Fish Sandwich

grilled cod on shredded lettuce topped with homemade tartar sauce on a french roll 13

Crispy Chicken Sandwich

panko breaded chicken with tomato, creamy coleslaw, pickles, and jalapeno mayo on a brioche bun 13.5

Green Chili Philly Cheesesteak

shaved beef with cheddar jack cheese, grilled onions and jalapenos topped with homemade green chili on a french roll with a side of queso 14

Original Cheesesteak

shaved beef with melted white american cheese, grilled onions, peppers, mushrooms on a french roll 14

NY Reuben

corned beef, sauerkraut, swiss cheese, homemade thousand island dressing on grilled marble rye 13.50

LA French Dip

tender roast beef with melted swiss cheese and caramelized onions on a french roll served au jus 14

Fish & Chips

classic battered cod filets with fries and creamy coleslaw served with homemade tarter and cocktail sauce 15

Sides

Metro Fries V

coated with our special house seasoning 3.5

Creamy Coleslaw G & V

red & green cabbage, carrot, red onion, dressing 3

Side Garden Salad V

mixed greens, cucumber, tomato, cheddar, croutons 4

Sweet Potato Fries G & V

coated with salt and brown sugar 4.5

Beer-Battered Onion Rings V

coated with our special house seasoning 4.5

Side Caesar Salad V

romaine, parmesan, croutons, caesar dressing 4



Dinner Entrees

Available after 5pm

Southern Buttermilk Fried Chicken

Boneless buttermilk fried chicken breast, mashed potatoes, country style white gravy, and creamy coleslaw 16

Metropolitan Meatloaf

Bacon wrapped meatloaf mixed with jalapeno and red pepper, topped with crispy onions, served with mashed potatoes and onion gravy and a side of green beans sautéed with garlic and herbs 16.50

Blackened Salmon* G

Blackened salmon with a red pepper coulis sauce served with cajun risotto and asparagus 18

Jaeger Schnitzel

Fried breaded pork loin topped with brown mushroom gravy
and served with mashed potatoes and succotash 16.50

Chipotle BBQ Ribs

Ribs smothered with chipotle BBQ sauce, served with mashed potatoes
and green beans sautéed with garlic and herbs 16

Grown Up Mac-N-Cheese with Parmesan Crusted Chicken

Penne pasta in a three cheese cream sauce and parmesan crusted chicken 16

G = Gluten Free V = Vegetarian

Please note that we use nuts in many of our items. If you have an allergy or dietary request – please let your server know.

*Our fish and beef is cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness especially if you have a medical condition.

Happy Hour 2-6pm

Drink Specials

\$4 Drink Specials

House Chardonnay
House Cabernet
Well Cocktails

\$4 Drafts

Juicy Haze IPA
Lagunita's IPA
Modelo Especial
Fat Tire Amber Ale
Seasonal Draft
Coors Light **\$3**

SHAREABLES

Chips and Salsa G&V \$4.5

traditional red or salsa verde with chips

Metro Queso G \$5.5

homemade queso with chips

Spinach Artichoke Dip G \$7

homemade spinach artichoke dip with chips

Brussels Sprouts \$4

sweet glazed with apple/chili lime/Asian sesame with peppers and teriyaki chili sauce

Tacos

(single taco)

Chicken or Steak Sriracha \$4

cheddar jack, lettuce, tomato, sriracha, lime crème

Baja Fish \$4.5

cilantro lime coleslaw, pico de gallo, avocado

Chicken Bacon Ranch \$4

cheddar jack, bacon, pico de gallo, ranch, BBQ, scallions

SLIDERS

(SINGLE SLIDER)

Chipotle Honey Chicken Biscuit \$4

fried chicken, chipotle honey

Cheeseburger \$4

cheddar, 1000 island, pickles

Pulled Pork \$4

topped with BBQ and coleslaw

Reuben \$4

corned beef, swiss, sauerkraut, 1000 island

SOMETHING DIFFERENT

Chili Rellano Square \$3.5

green chili, cheddar jack in a deep fried pocket

Green Chili Cheese Fries \$4.5

green chili, cheddar jack over fries

Apple Feta Walnut Salad \$5

mixed greens, apple, feta, walnuts, balsamic vinaigrette

Texas Twinkies \$4.25

bacon wrapped jalapeno stuffed with cream cheese, BBQ

Buffalo Chicken Roll \$4

shredded chicken, spicy wing sauce, pepper jack, ranch

M

Metropolitan Bar & Grill